

## **MEDICAL SERVICES**

### **GENERAL INFORMATION**

In the United States, the Medical and Health Services are responsible for administration and provide access to medical services through the hospital system, walk-in clinics, community health centers, ambulatory care centers, sole practitioners and group practice arrangements.

Within the City of Denver there are two centers of excellence for the treatment of traumatic injuries. University Hospital provides Level 1 (quaternary) trauma care for the city as a whole and for the entire county. National Jewish Medical Center is a quaternary/tertiary care teaching and research hospital located in downtown Denver and is home to leading programs in cardiac, renal, HIV/AIDS, mental health and orthopedics. Children's Hospital of Denver provides trauma care for the critically ill children as well as the Denver regional area. In addition, Exempla, located in several areas within Denver, is the designated regional trauma center serving the Denver and surrounding area.

Ambulance Services for the public and visitors are provided by private Ambulance Services companies.

### **EMERGENCY SERVICE OPERATIONAL PROCEDURES**

Each Emergency Department in University Hospital, Denver Health Medical Center and Exempla has medical emergency services on site available 24 hours per day and medical specialists available. Each Hospital has a physician on-call after hours, seven days a week. Each Emergency Department has defined emergency operational procedures to be activated in case of life-threatening situations.

### **MEDICAL EXPENSES**

The United States does not provide universally accessible free health care to all its citizens. In the United States, where necessary medical services include services provided by physicians and surgeons, in-hospital care, medical imaging and laboratory services, necessary air/land ambulance services are subject to a fee.

The United States offers a wide variety of health insurance plans. Our health insurance plans include a comprehensive set of options that range from health to dental to vision health insurance plans.

## **CARE FOR VISITORS TO THE UNITED STATES**

In addition to Denver's health and medical care system, there is a growing private hospital sector that is available to visitors, which provides a wide range of non-emergency health services.

For the 2006 NAIG Games, participants and family will receive necessary medical services to the nearest facility with proper medical care at any of the City of Denver medical facilities as well as the Host Hotel.

All Canadian travelers are encouraged to purchase additional insurance to cover the cost of medical care for any emergent condition arising during an individual's stay in Denver. All participants are encouraged to check with their current health care benefits to ensure coverage for the duration of your stay in the United States.

## **NAIG DOPING CONTROLS/DRUG TESTING**

In the United States, the pursuit of drug-free sport is a matter of public interest. The NAIG Policy on Doping reflects the common interests of athletes, coaches, sport and governing bodies. For the 2006 NAIG, CIGS will implement an anti-doping campaign to educate participants on the negative impacts of banned substances. Random drug testing may be conducted at the Games using methods as established by the International Olympic Committee. Subsequent disciplinary action is determined by the NAIG Council.

These regulations conform with the International Olympic Committee Anti-Doping Arrangement, an alliance of governments committed to harmonization and quality control of anti-doping programs world-wide, of which Native American Sports Councils (NASC) is a member. The primary purpose of the regulations is to standardize doping control procedures in order to ensure the security, integrity and identity of test samples and thus the validity and reliability of test results. They also serve to inform athletes and other individuals and organizations involved in the doping control process of their roles, rights and responsibilities. The Colorado Indigenous Games Society (CIGS) is charged with implementing the NAIG's Policy on Doping. CIGS supports and will work closely with the United States Anti-Doping Agency (USADA) testing program and has made arrangements with doping control authorities for sample collection within the NAIG.

Below is the list of substances that are banned by organizations such as the USADA:

**Anabolic Agents** – 10 nanograms per gram

- androstenedione
- androst-1-enedione (1-AD) (androstenedione)
- androst-4-enedione
- androst-5-enedione
- 5-alpha-androstane-3-alpha,17-beta-diol
- 5-beta-androstane-3-alpha,17-beta-diol
- 5-alpha-androstane-3-beta,17-beta-diol
- 5-beta-androstane-3-beta,17-beta-diol
- androst-1-ene-3-alpha,17-beta-diol
- androst-1-ene-3-beta,17-beta-diol
- androst-4-enediol
- androst-5-enediol
- 5-alpha-dihydrotestosterone
- 5-alpha-androst-1-en-17-beta-ol-3-one (1-testosterone)
- androsta-1,4-dienone (boldione)
- bolasterone
- boldenone
- clostebol
- clenbuterol
- danazol
- dehydrochloromethyltestosterone
- dehydroepiandrosterone (DHEA)
- drostanolone
- epitestosterone
- fluoxymesterone
- 4-hydroxytestosterone (testosterone-OH)
- 4-hydroxy-19-nortestosterone (oxabolone)
- mestanolone
- mesterolone
- methandienone
- metenolone
- methandriol
- methyltestosterone
- mibolerone
- nandrolone (19-nortestosterone)
- 19-norandrost-4-enediol
- 19-norandrost-5-enediol
- 19-norandrost-4-enedione
- 19-norandrost-5-enedione
- norbolethone
- norethandrolone

- oxandrolone
- oxymesterone
- oxymetholone
- stenbolone
- testosterone
- zeranol

**Stimulants** – 100 nanograms per gram

- adrafinil
- amfepramone
- amphetamine
- amphetaminil
- benzphetamine
- bromantan
- cathine
- clobenzorex
- dimethylamphetamine
- ephedrine
- etilamphetamine
- etilefrine
- fencamfamin
- fenfluramine
- fenproporex
- mefenorex
- mephentermine
- methamphetamine
- methylenedioxyamphetamine
- methylenedioxymethamphetamine (MDMA)
- methylephedrine
- methylphenidate
- modafinil
- nikethamide
- norfenfluramine
- parahydroxyamphetamine
- phendimetrazine
- phenmetrazine
- phentermine
- prolintane

**IOC-ACCREDITED LABORATORY**

The United States Anti-Doping Agency (USADA) laboratory analyzes the sample using a validated method with low detection limits (10 nanograms per gram for anabolic agents, 100 nanograms per gram for stimulants). The

laboratory will reports to CIGS whether a substance on the list was found in the sample above the detection limits.

CIGS will assure that the requirements of all standards are being met in the NAIG Doping policies, procedures and day-to-day operations.

CIGS will operate its doping control program under the auspices of the IOC, which will ensure that all policies and procedures will meet with expected international standards in the year 2006. CIGS will use USADA in Colorado Springs, CO, a one hour journey from Denver; where there are currently two accredited laboratories in North America. Based on accepted ISDC Standards, urine samples will be securely delivered, overnight to the laboratory, where analysis will take place, and results issued shortly thereafter. CIGS will work closely with USADA to ensure that the requirements of the IOC are met, including having temporary laboratory facilities if required.

### **EMERGENCY SERVICES**

Each NAIG sport venue will have dedicated medical personnel to treat athletes. Seriously ill patients will be stabilized and transported by air or land ambulance to one of the nearest medical facilities. Paramedics and ambulance vehicles will be stationed at designated venues, with large venues having vehicles present at all times. Ambulance response will be coordinated through a private ambulance communications center, which ensures that ambulances are dispatched immediately when required.

Ambulances will travel on the designated travel corridors from sport venues or Athlete's Village to the nearest hospital. In the event of traffic or distance challenges, a helicopter air ambulance will be dispatched.

### **NAIG HOSPITAL**

Currently there has not been a designated NAIG hospital. CIGS is currently negotiating with Denver General Hospital which is located within a five-minute drive of the University of Denver, Auraria Campus and the Cultural Village. Currently, Denver General has 600 acute care beds. It has the largest, best equipped emergency department, and a roof-top helipad with a dedicated elevator to assist in transporting participants from non-central venues, including all venues in 30 minute flight.